

AN ENERGY ALTERNATIVE

As I have listened to my friends and colleagues talk negatively about what our government is doing, how the illuminati control all of us with evil and greed, how the navy is trying to kill all of the whales and dolphins with LFAS, or how the government is going to outlaw swimming with the dolphins because we all have heart opening experiences and "they" don't want this—I am struck with a feeling of despair. After all, I had spent many years doing the same, after becoming enraged by my perceived ineptitude of the government.

Despair, as you know is a negative emotion which simply means that I/you are off-track from your normal state of joy, and is therefore an indication that you are "miscreating" with your energy.

Speaking negatively about anything—by any standard, especially those laws of the universe that govern energy, simply creates more of that negativity. Think back to when you have spoken or acted negatively—has it brought you more joy? Ever? And where is the bottom line of negativity? It seems to be a bottomless pit.

The other problem with speaking negatively is that often this is based in fear and lack—what happens if they kill all the dolphins or whales, for example.

When we speak about things in this way, it betrays our belief system. When we believe there is not enough, then because of the universal laws—there isn't enough. If fear is your guide, then you will have many things to be afraid of.

One last bit of information that was passed on to me from swimming with the dolphins—man is but one strand in the universe; man is not in charge of what happens to anything other than himself. What he puts out he gets back. If you doubt this message, make a trip to an active volcano, or visit the mountains, or go out in a blizzard, or watch the waves crashing on to the shore, or try to swim against a river's current...

What's the solution? When you see a behavior that you do not like, you must look for the positive intention behind it. Does this mean we approve of the behavior? Absolutely not!!! You see the reality is that people always do the best they can, we simply have to help them do better, or increase their own joy by doing something different. Do you think a senator, a person who has dreamt their whole life of making the world a better place, feels good about themselves voting a certain way based on how much money he/she is paid? I haven't met any. I *have* met many people, 100's in fact, that would do something else if they knew a better way, or thought they could.

Why look for the positive intention? Because it is putting our energy into something that activates more love or "light" rather than darkness/negativity.

Much as there is no bottom to negative beliefs, there is no ceiling on the light of the heavens.

According to the laws of hydrodynamics, rivers of equal or greater size join at a 45-degree angle or less. They do not meet head on or at 90-degree angles. By this I mean when we look for the positive intention behind the unwanted behavior, we can join with the person, agency, etc. When we join in this way, we can make a difference by joining their “river” with ours. Once we give ourselves permission to act this way, we give them the permission to.

Can you imagine a world where we spoke and acted in this way? Can you imagine what kind of people we would elect into office if millions of us dedicated our lives, our words, our actions to bringing more light to our lives?

Do not put your energy into that which you do not want. Do not act or talk negatively about others, this in fact brings more of what you do not want. Instead, find the positive intention to all behaviors, in doing so you will be joining with others who need help and powerfully creating more of what you do want, and what our world needs.

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